



# **ATTENTION GOALKEEPERS: Laying around this summer will NOT improve your game!**

Goalkeeper is a unique position in the game of soccer and requires specialized training to develop the goalkeeper skills, self confidence and toughness to be the team's last line of defense and first point of attack.

To be effective in the position, goalkeepers need to be well trained technically and tactically to integrate into the team's defense.

The goalkeeper is the leader and communicator. The design of Mike Littman Goalkeeper Academy's goalkeeper training will develop goalkeepers to be decision makers. The program is designed to be progressive based upon the age, ability and experience of the individual goalkeeper.



***The Experience of an International Player.  
The Expertise of a Professional Trainer.  
The Patience of a Parent ...***

Mike Littman has been an accomplished goalkeeper for the past 28 years. He has played at the professional level both domestically and abroad. Currently, Mike is the Exiles' Director of Goalkeeping, Olympic Development Program (ODP) goalkeeper staff coach and father to three very active and athletic children. He has completed the US Goalkeeper Certification course which is the equivalent of a USSF "B" licensed coach.

## ***Novice Program***

This program is designed for the AYSO player and or beginner with little to no experience. Goalkeepers at this level will be instructed on the basic fundamentals. There will be particular emphasis on safety and field awareness.

***Ages: any***

***Tuition: \$150***

***Mondays 4-5pm***

## ***Junior Program***

This program is designed for the Select/Bronze/silver level club player. Goalkeepers at this level are guided with emphasis on technical perfection, proper fundamentals and the beginnings of tactical awareness.

***Ages: 9-12***

***Tuition: \$175***

***Mondays 5-6pm***

## ***Elite Program***

This program is designed for the Silver Elite level and above club player. Ideally this level of player has become proficient in the technical aspects of the position and is ready for the intensive demands of international training standards. This training will incorporate advanced tactical training and assist the goalkeeper in their continued pursuit to master the technical aspects of their position as well.

***Ages: 12+***

***Tuition: \$200***

***Mondays 6-7pm***

**All sessions are 6 weeks long beginning August 23rd**

**Location is Malaga Cove**

**Final Program placement TBD by academy staff**

**Sign up for a program that is right for you, today!**

**Call us at 310-710-8727 or email Mike at [littman5@msn.com](mailto:littman5@msn.com)**

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